



# FAMILY & YOUTH INITIATIVES

"EMPOWERING FAMILIES, PROVIDING HOPE"

## Who We Are

Every day families and children are suffering from traumas caused by generational cycles of abuse and poverty. FYI's solution is to rescue and protect those families and children to prevent future trauma by redirecting their paths through education, training, and support in our multiple programs.

✉ [Admin@FYloho.org](mailto:Admin@FYloho.org)

## Parenting Network

Knowledgeable mentors equip expectant mothers and fathers, as well as parents and guardians of infants and children to establish a healthy family foundation. Participants can earn material items such as cribs, car seats, diapers, etc by completing lessons on pregnancy, childhood growth and development, parenting, relationships, and life skills.

✉ [Parenting@FYloho.org](mailto:Parenting@FYloho.org)

## New Roots Mentoring

Dedicated adults meet with students in one-on-one or group settings to provide encouragement and positive influence. They promote mental and emotional resiliency in their mentees by being a consistent presence in their lives. Mentors reinforce self-esteem and healthy boundaries by showing them that they are valued, heard, and understood.

✉ [Mentoring@FYloho.org](mailto:Mentoring@FYloho.org)

## Real Life Choices

Our team of Community Educators are determined to prepare students for a sequence of success as they educate about the outcome of their choices. They present current, relevant, and medically accurate information to middle and high school students. Each student is given the tools to recognize warning signs of abuse, assess real life risk, and be empowered to make informed decisions that will help keep themselves and their relationships healthy.

✉ [RealLife@FYloho.org](mailto:RealLife@FYloho.org)

# CHILD ABUSE PREVENTION TIPS AND RESOURCES

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## BE A NURTURING PARENT OR CAREGIVER

- Children should learn to be cautious, alert, and prepared - not fearful. They are less apprehensive when they have the skills, information, and confidence they need to act on their own behalf.

## HELP CHILDREN IDENTIFY TRUSTED ADULTS

- Talk openly about whom a child would go to in an emergency.
- Teach children to check with trusted adults before changing plans or going anywhere - even with adults the child knows.

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## SET BODY BOUNDARIES

- Teach your child the difference between "safe touches" and "unsafe or unwanted touches."
- Teach your child the correct names of his/her private body parts.

## GIVE PERMISSION TO SAY "NO" AND TELL

- Let them know they have the right to say "No," even to someone who threatens them or to someone they know.
- When children are hurt, it's usually by someone they know, not by a stranger.

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## TAKE A TIMEOUT

- Never discipline your child when your anger is out of control.
- Call a child abuse prevention hotline if you are worried you may hit your child.

## KNOW WHAT YOUR CHILD IS DOING ONLINE AND ON THEIR ELECTRONIC DEVICES

- Talk to your kids and teens about social media apps, safety while using them, who to be "friends" with, and what to do if there is a problem or someone acts inappropriately.

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## REPORT SUSPECTED ABUSE OR NEGLECT

- The Ohio Department of Job and Family Services has launched 855-O-H-CHILD (855-642-4453), an automated telephone directory that will link callers directly to a child welfare or law enforcement office in their county. Reports can be anonymous.

